

Food Allergies and Intolerances in Ireland

1 in 5 Irish mums have children with food allergies



Eggs



Milk



Nuts



of schools in Ireland have no food allergy policy



of mums want the Government to make it mandatory for schools to introduce a food allergy policy

82% of mums are unhappy with our paediatric allergy services with 1 to 2 year waiting times reported

51%
of children
have been
medically tested



24%

of mums have diagnosed their child at home

25% of children are still waiting



Mum alerted to allergy

51%

immediate physical reaction

6%

43%

diate anaphylactic general ical shock unwellness tion

Most pharmacists surveyed were confused as to whether to dispense an epinephrine pen in the event of an emergency without prescription



97%

of mums want
epinephrine pens to be
made available in
public areas

20%

of mums have experienced difficulty in purchasing an epinephrine pen

12%

of mums have experienced their child going in anaphylactic shock





95% of mums living with an allergy sufferer has changed their shopping habits, diet and lifestyles dramatically



of families choose to elimate the harmful food allergens from the household



meals from scratch

of mums cook all



report that shopping trips take twice as long



About MummyPages.ie

MummyPages.ie is Ireland's biggest community of mums. With over 500,000 unique

users per month from all over the island of Ireland, MummyPages.ie engages with mums on everything from pre-pregnancy, to parenting and family life. MummyPages.ie is a part of Sheology Digital, a digital publishing house leading the market in reaching women online in Ireland.

The MummyPages.ie 'Food Allergy & Intolerances' survey was conducted over

a four week period up to 10th October 2014 with over 1,036 respondents.